Old Dominion University Equivalent Courses | Grades | Credits | Transfer/ VCCS Course
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**Lower Division General Education Requirements**

- **GEN ED. (DEPT) Written Comm. Skills I (ENGL 110C)**
  - Grades
  - Credits: 3
  - *ENG 111

- **GEN ED. (DEPT) Written Comm. Skills II**
  - Grades
  - Credits: 3
  - *ENG 112, 115, 131, or 210

- **GEN. ED. Literature**
  - Grades
  - Credits: 3
  - See Transfer Guide

- **GEN. ED. Oral Comm Skills**
  - Grades
  - Credits: 3
  - See Transfer Guide

- **GEN. ED./DEPT. Mathematical Skills (MATH 102M or higher)**
  - Grades
  - Credits: 3
  - *MTH 158, 161, 163, 164, or 166

- **DEPT. STAT 130M Elementary Statistics**
  - Grades
  - Credits: 3
  - *MTH 146, 157, 240, 241, or 245

- **GEN. ED. Language and Culture**
  - Grades
  - Credits: 0-6
  - See note at bottom of document

- **GEN. ED. Information Literacy and Research**
  - Grades
  - Credits: 3
  - See Transfer Guide

- **GEN. ED. Human Creativity**
  - Grades
  - Credits: 3
  - See Transfer Guide

- **GEN. ED. Interpreting the Past**
  - Grades
  - Credits: 3
  - See Transfer Guide

- **GEN. ED. Philosophy and Ethics**
  - Grades
  - Credits: 3
  - See Transfer Guide

- **GEN. ED. Natural Science I**
  - Grades
  - Credits: 4
  - See Transfer Guide

- **GEN. ED. Natural Science II**
  - Grades
  - Credits: 4
  - See Transfer Guide

- **GEN. ED. The Impact of Technology**
  - Grades
  - Credits: 3
  - See Transfer Guide

**Departmental Requirements**

- **PSYC 201 Intro to Psychology**
  - Grades
  - Credits: 3
  - *PSY 200 or 201

- **PSYC 317 Quantitative Methods**
  - Grades
  - Credits: 4

- **PSYC 318W Research Methods**
  - Grades
  - Credits: 4

**Area 1: Biological Bases and Cognition**

Choose One: **PSYC 410: Human Cognition, PSYC 413: Sensation and Perception, PSYC 424: Physiological Psyc**

**Area 2: Personality and Social Processes**

Choose One: **PSYC 304: Social Psyc, PSYC 408: Theories of Personality, PSYC 420: Cross-Cultural Psyc**

**Area 3: Developmental Changes**

Choose One: **PSYC 332: Psyc of Adoles., PSYC 351: Child Psyc, PSYC 353: Psyc of Adulthood + Aging**

**Area 4: Applied Psychology**


**PSYC Elective Courses. Choose Five (5). May include additional Area courses.**

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**Upper Division General Education Requirements**  Students choose options A, B, C, or D (consisting of 6 to 18 hours, depending on option). See Program Information in catalog for detailed information on these options and work closely with advisor to select your best option.

*The general education requirement in foreign language is met or waived for students who meet one of the following: (1) Completed high school/GED before December 31, 1985, (2) Completed the third level of one foreign language in high school, (3) Completed the second level in each of two foreign languages in high school, (4) Earned a university-parallel associate’s degree approved to meet all lower division general education requirements, (5) Earned a bachelor’s degree from a regionally-accredited institution prior to admission to ODU as a second degree student, or (6) Have a native language other than English.